

seam **STRESSED**

TAKING MEASUREMENTS



PATTERN DRAFTING PT. 1

HELLO AND WELCOME TO THE BACON FAMILY!

Thank you for downloading this PDF instruction on how to take measurements for pattern drafting (upper body). It's very easy to follow and you can have more insight into the whole process by watching my tutorial, available at:

<https://youtu.be/UzSm9lr1yz8>

For this project I suggest you have following materials:

- Yourself alone in front of a mirror;
- Maybe a friend to help you out;
- A measuring tape;
- A pencil;
- A ruler;
- A thin elastic band to tie around your waist (not too tight).

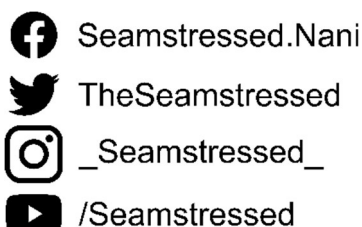
MEASURING INSTRUCTIONS:

In order to have the most accurate measurements possible, make sure to follow these simple steps:

- Wear your normal daily underwear;
- Don't wear any shoes;
- If you are doing this in pairs and wish to keep your distance, it's ok to take measurements from strategic places a few inches away from your subject, or even take them yourself. Whatever makes you feel more comfortable;
- Don't force a posture you are not used to;
- When in doubt, double check.

SHARE YOUR AWESOMENESS!

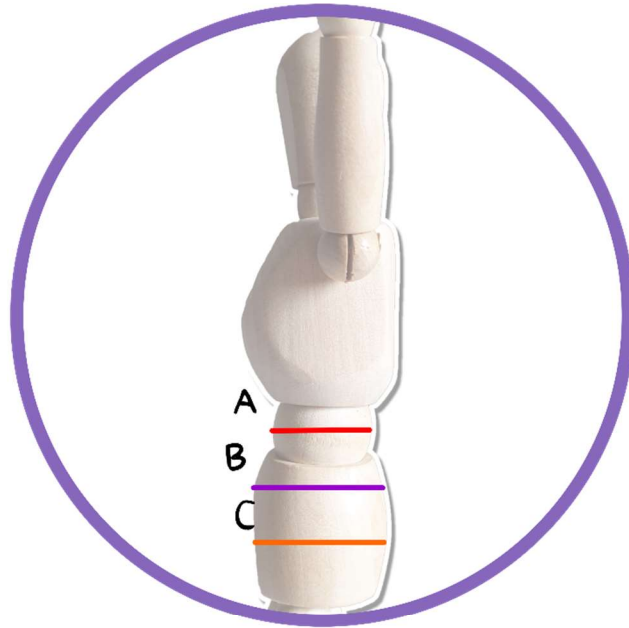
If you are trying this at home, and have any questions, tag me on social media or ask away in the group! I'd love to stay in touch. You might be featured on my channel or Instagram page.



Stay tuned for the next tutorial: **Drafting a Bodice Sloper**. Don't forget to Subscribe and I will see you soon!

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WHERE AND WHAT TO MEASURE?

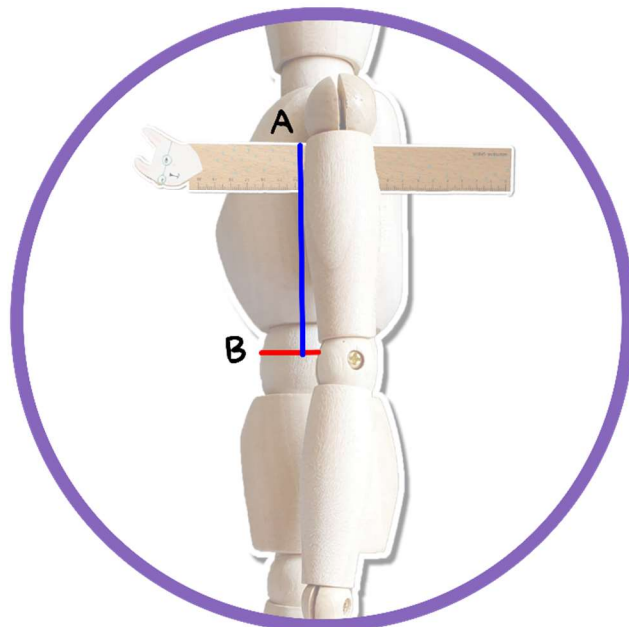


A - Waist (elastic - 1/4 inch above belly button)

B - High Hip:

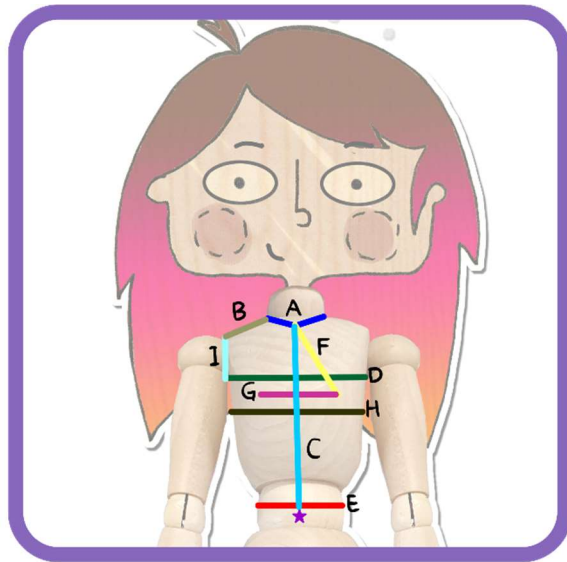
- 4,5 inches down from waist (industry standard)
- 4 inches for petite
- 5 inches for tall people

C - Low Hip: 4 inches down from High Hip)

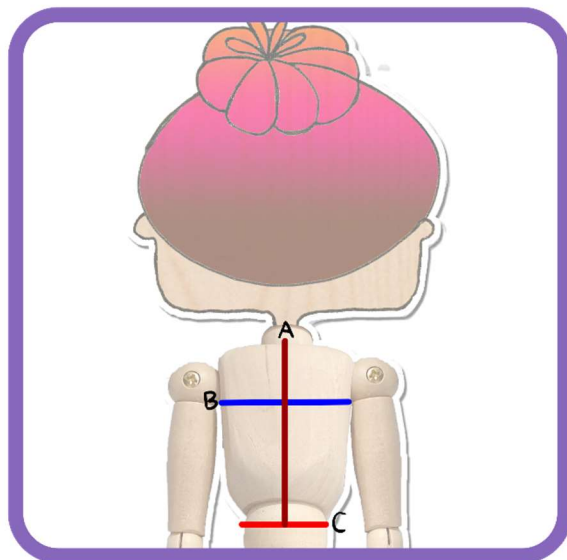


A - side length (from beginning of armpit to end of elastic)

B - Waist (elastic - 1/4 inch above belly button)



- A - Neck (base of the neck to center of collar bones)
- B - Shoulder (base of neck to end of collar bone)
- C - Front Length (center collar bone to end Elastic)
- D - Cross Front (bacon to bacon - armpits)
- E - Waist (elastic - 1/4 inch above belly button)
- F - Figure Length (center collar bone to nip)
- G - Figure Breadth (nip to nip)



- A - Back Length (Vertebrae to end Elastic)
- B - Cross Back (bacon to bacon - armpits)
- C - Waist (elastic - 1/4 inch above belly button)

RECORD OF MEASUREMENTS

Name:

Date:

Neck:

Shoulder:

Front Length:

Cross Front:

Waist:

Figure Length:

Figure Breadth:

Underbust:

Bust:

Cross Back:

Back Length:

High Hip:

Low Hip:

Side Length:

Armhole: